

Hand Hygiene

Throughout
the COVID-19
Pandemic



HAND WASHING IS THE MOST IMPORTANT THING YOU CAN DO TO PREVENT THE SPREAD OF DISEASE

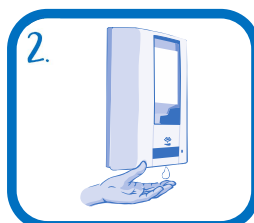
When?

- Regularly
- After blowing your nose, coughing, or sneezing
- After using the bathroom
- Before, during and after preparing & eating food
- Before & after caring for someone at home who is sick
- After handling dirty laundry
- Handling bodily fluids
- Arriving from home or leaving work

How?



Rinse hands
thoroughly



Apply soap



Lather for over 20
seconds, then rinse



Paper towel or
air dry

or



If no soap & water, apply an
alcohol based sanitizer

Hilton

SAFETY AND
SECURITY